

Raising Human Frequencies ,Fabien Mamans Book II of his Star to Cell Series, captures the essence of his research in subtle energy fields and nearly twenty years as a martial artist, focusing specifically on how to consciously elevate ones vibratory rate from the physical to the spiritual, through the movement of Chi, to be in harmony with nature and the cosmos. Chi is the vital force of life in the Universe. It travels from the stars, planets and nature through our subtle energy fields (aura) and animates the physical plane. When we work with Chi and feel its energy running through our physical and subtle bodies, we form a link to the greater parts of the Universe. We become one with the whole. In this book, Maman presents an inspiring new paradigm for the evolutionary development of the human being, from Star to Cell. From the laws of acupuncture in the physical body, to the five elements of nature outside the body, to the vibrational messages of the invisible world, planets and stars, Maman creates a living structure which places the physical body in resonance with the greater reality of the cosmos. Through the frequencies of the subtle bodies, we find resonance with the stars. Through an acupuncture base, we ensure grounding in the physical body. Raising Human Frequencies offers Maman s own unique description of the subtle anatomy - 7 layers of subtle energy fields (subtle bodies) which make up the human aura. It also describes the qualities of Universal Chi, the terrestrial and celestial movement of the earth, moon and stars, and the vibrational messages of the Master Stars of the Eight Directions (the Bagwa), and how to work with these energies, to restore the subtle connection with the higher frequencies of our Selves and the Universe. On a practical level, this book includes an illustrated guide to Fabien Maman s own form of Qi Gong, the Tao Yin Fa, which works on five levels. Series I (Movement for Health) works on the physical level to empower Chi in the 12 acupuncture meridians and their corresponding organs. Series II (Psycho/Spiritual Movement) releases emotional/spiritual blockages through the interaction of Chi in the 8 directions. Series III tunes you with the energies of the 8 Master Stars of the 8 directions. Series IV gives back to the Universe from whence we came. And Series V is for initiate students who have achieved total recognition of being in service to the Universe by surrendering one s whole being.

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